



# ERASMUS+

International Relations  
Coordinator

**Beata Jakštaitė**







**Want to experience new countries and  
cultures?**

**Want to get out of your comfort zone?  
Or maybe make friends from all over the  
world?**

**THE WORLD BEGINS WITH  
ERASMUS+**





**“Erasmus+” is a European Union support program designed to provide opportunities for learning, development, and international experience to people of all ages, statuses, and professions.**




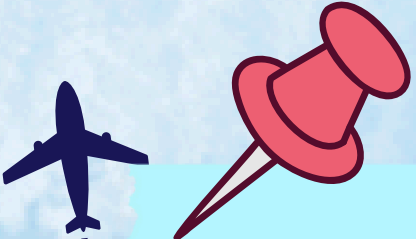




# SELECTION

## WHO CAN PARTICIPATE IN THE SELECTION?

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1. All students who have completed at least one study year and are planning to **STUDY** in 2026/2027 spring semester abroad.
  2. All students who have completed at least one semester are invited to participate in **PRACTICES**.
  3. **GRADUATE PRACTICE** Students of the final year are invited to participate.



***The selection is open until  
February 27, 2026.***


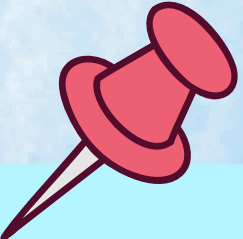




# SELECTION

STUDENTS MUST SUBMIT THE FOLLOWING DOCUMENTS: ✈️

1. Application;
2. CV in English;
3. Motivational letter in English.



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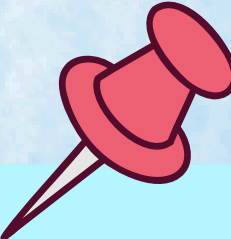
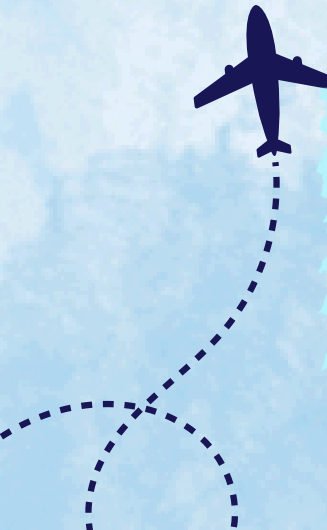


# SELECTION

## HOW ARE STUDENTS SELECTED?



- Students wishing to go abroad under the ERASMUS+ programme must not have any academic debts;
- The academic average grade for the previous semester must be higher than 7.5.



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# SELECTION

FOR WHAT PERIOD OF TIME CAN YOU LEAVE?



- For STUDIES, students usually go abroad for a full semester
- For PRACTISE the duration depends on the student's study plan and usually lasts 2 months.



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# ERASMUS+ SCHOLARSHIPS

	Host country	For Study	For Practice
<b>Group 1</b> Program countries with the highest cost of living	Ireland, Austria, Belgium, Denmark, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, France, Finland, Sweden, Germany.	674 €/month	824 €/month
<b>Group 2</b> Program countries with an average cost of living	Czech Republic, Estonia, Greece, Spain, Latvia, Cyprus, Malta, Portugal, Slovakia, Slovenia.	674 €/month	824 €/month
<b>Group 3</b> Program countries with the lowest cost of living	Bulgaria, Croatia, Lithuania, Poland, Romania, North Macedonia, Serbia, Turkey, Hungary	606 €/month	756 €/month





# GROUPS OF STUDENTS WITH FEWER OPPORTUNITIES

- 1.1. ***Students from low-income families*** (up to 24 years old);
- 1.2. ***Orphans or students who have lost parental care*** (up to 24 years old);
- 1.4. ***Students with minor child(ren) under the age of 12;***
- 1.5. ***Students from large families with 3 or more children*** (up to 24 years old);
- 1.6. ***Students working in Lithuania;***
- 1.7. ***Students with refugee status;***
- 1.8. ***Foreign students studying in Panevėžio kolegija/State Higher Education Institution;***
- 1.9. ***Students with physical or psychological disabilities;***
- 1.10. ***Students who are professional sportsmen.***



# ADDITIONAL SUPPORT

**In the case of long-term mobility – 250 EUR per month;**

**In the case of short-term mobility – 100.00 EUR (when the duration is 5-14 days); 150.00 EUR (when the duration is 15-30 days).**

+

**One-time Erasmus mobility promotion scholarship 150 Eur is paid from the Panevėžio Kolegija/State Higher Education Institution budget.**





# TRAVEL EXPENSES

**Students and recent graduates who choose an eco-friendly travel (carpooling/train/bus) receive an additional amount towards travel expenses (providing documents are required).**



Travel distance	Ecological travel. Amount	Non-ecological travel. Amount
10 - 99 km	56 EUR	28 EUR
100 - 499 km	285 EUR	211 EUR
500 - 1 999 km	417 EUR	309 EUR
2 000–2 999 km	535 EUR	395 EUR
3 000–3 999 km	785 EUR	580 EUR
4 000–7 999 km	1 188 EUR	1 188 EUR
8 000 km ir daugiau	1 735 EUR	1 735 EUR





# HOW TO CALCULATE DISTANCE?




The distance is calculated using the km calculator





**Higher education institutions  
must have a cooperation  
agreement in place for studies.**



**Students can search for an  
internship place by themselves!!!**



# ACTIONS BEFORE MOBILITY

**EU health insurance card**

**Insurance policy. The insurance must include sections: health, accident, and civil liability insurance**

**Take an English test**





# ACTIONS AFTER MOBILITY




**You will need to create a 30-90 second video**




**You will be required to complete a short survey about your mobility experience.**



**Bring a certificate with the signature of the responsible person**



**You will bring the learning agreement after mobility/Transcript of records**







Erasmus+

**We are waiting for  
you in room 131 !!!**

