



ERASMUS+

International Relations
Coordinator

Beata Jakštaitė



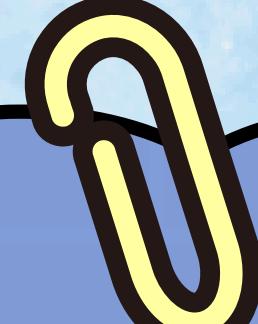


Want to experience new countries and cultures?

Want to get out of your comfort zone?
Or maybe make friends from all over the world?

THE WORLD BEGINS WITH
ERASMUS+





“Erasmus+” is a European Union support program designed to provide opportunities for learning, development, and international experience to people of all ages, statuses, and professions.

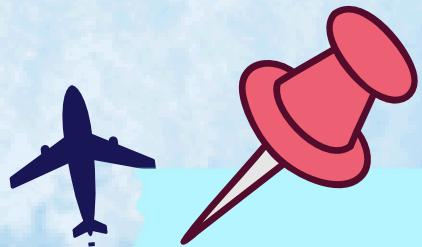


SELECTION

WHO CAN PARTICIPATE IN THE SELECTION?

- 1. All students who have completed at least one study year and are planning to STUDY in 2026/2027 spring semester abroad.**
- 2. All students who have completed at least one semester are invited to participate in PRACTICES.**
- 3. GRADUATE PRACTICE Students of the final year are invited to participate.**

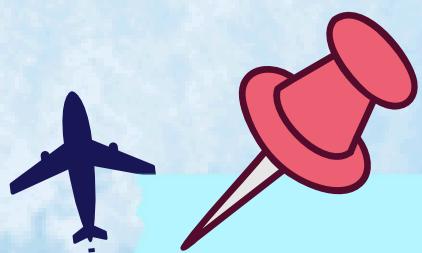
***The selection is open until
February 27, 2026.***



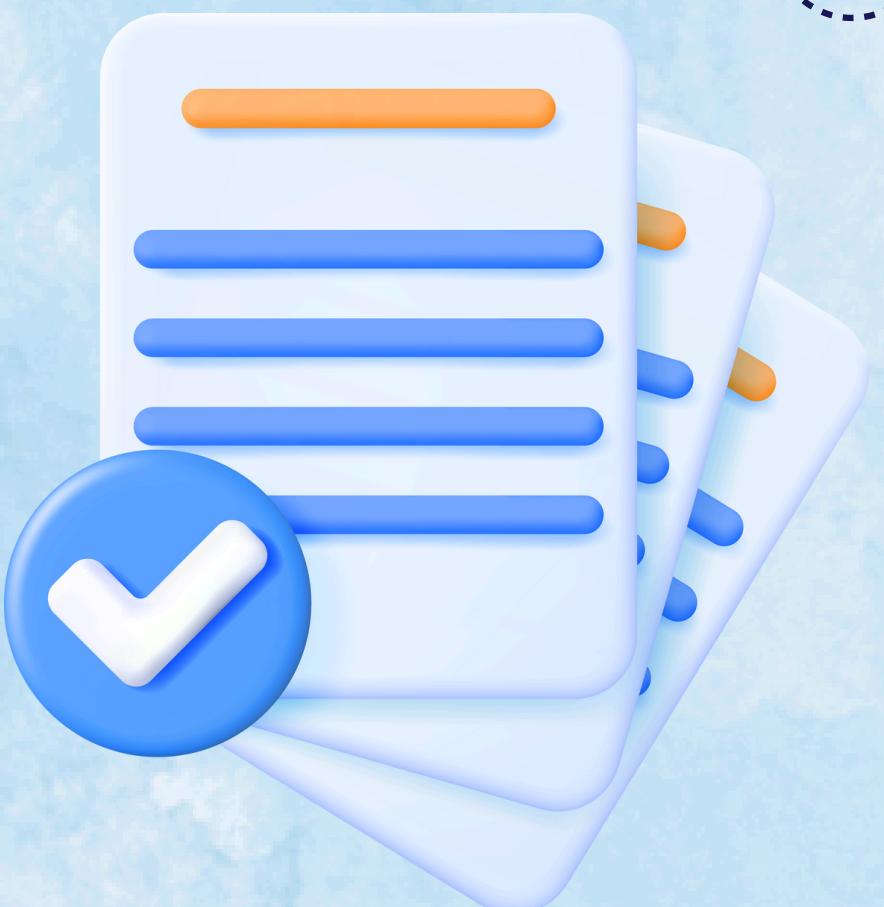
SELECTION

STUDENTS MUST SUBMIT THE FOLLOWING DOCUMENTS: 

1. Application;
2. CV in English;
3. Motivational letter in English.



***The selection is open until
February 27, 2026.***



SELECTION

HOW ARE STUDENTS SELECTED?

- **Students wishing to go abroad under the ERASMUS+ programme must not have any academic debts;**
- **The academic average grade for the previous semester must be higher than 7.5.**

***The selection is open until
February 27, 2026.***



SELECTION

FOR WHAT PERIOD OF TIME CAN YOU LEAVE?

- **For STUDIES, students usually go abroad for a full semester**
- **For PRACTISE the duration depends on the student's study plan and usually lasts 2 months.**

The selection is open until February 27, 2026.



ERASMUS+ SCHOLARSHIPS



	Host country	For Study	For Practice
Group 1 Program countries with the highest cost of living	Ireland, Austria, Belgium, Denmark, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, France, Finland, Sweden, Germany.	674 €/month	824 €/month
Group 2 Program countries with an average cost of living	Czech Republic, Estonia, Greece, Spain, Latvia, Cyprus, Malta, Portugal, Slovakia, Slovenia.	674 €/month	824 €/month
Group 3 Program countries with the lowest cost of living	Bulgaria, Croatia, Lithuania, Poland, Romania, North Macedonia, Serbia, Turkey, Hungary	606 €/month	756 €/month



GROUPS OF STUDENTS WITH FEWER OPPORTUNITIES

- 1.1. ***Students from low-income families*** (up to 24 years old);
- 1.2. ***Orphans or students who have lost parental care*** (up to 24 years old);
- 1.4. ***Students with minor child(ren) under the age of 12;***
- 1.5. ***Students from large families with 3 or more children*** (up to 24 years old);
- 1.6. ***Students working in Lithuania;***
- 1.7. ***Students with refugee status;***
- 1.8. ***Foreign students studying in Panevėžio kolegija/State Higher Education Institution;***
- 1.9. ***Students with physical or psychological disabilities;***
- 1.10. ***Students who are professional sportsmen.***



ADDITIONAL SUPPORT

In the case of long-term mobility – 250 EUR per month;

In the case of short-term mobility – 100.00 EUR (when the duration is 5-14 days); 150.00 EUR (when the duration is 15-30 days).

+

One-time Erasmus mobility promotion scholarship 150 Eur is paid from the Panevėžio Kolegija/State Higher Education Institution budget.



TRAVEL EXPENSES

Students and recent graduates who choose an eco-friendly travel (carpooling/train/bus) receive an additional amount towards travel expenses (providing documents are required).





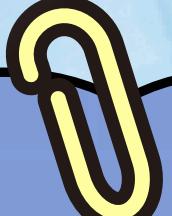
Travel distance	Ecological travel. Amount	Non-ecological travel. Amount
10 - 99 km	56 EUR	28 EUR
100 - 499 km	285 EUR	211 EUR
500 - 1 999 km	417 EUR	309 EUR
2 000-2 999 km	535 EUR	395 EUR
3 000-3 999 km	785 EUR	580 EUR
4 000-7 999 km	1 188 EUR	1 188 EUR
8 000 km ir daugiau	1 735 EUR	1 735 EUR



HOW TO CALCULATE DISTANCE?

The distance is calculated using the km calculator





**Higher education institutions
must have a cooperation
agreement in place for studies.**

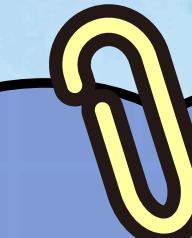


**Students can search for an
internship place by themselves!!!**

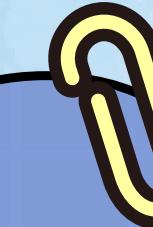
ACTIONS BEFORE MOBILITY



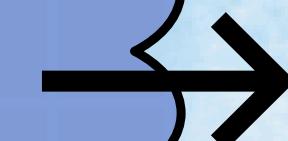
EU health insurance card



Insurance policy. The insurance must include sections: health, accident, and civil liability insurance



Take an English test





ACTIONS AFTER MOBILITY

You will need to create a 30-90 second video

You will be required to complete a short survey about your mobility experience.

Bring a certificate with the signature of the responsible person

You will bring the learning agreement after mobility/Transcript of records



Erasmus+

We are waiting for
you in room 131 !!!

