

Information Before Your Arrival

Dear Erasmus+ Student,

Welcome to **Panevėžio kolegija**/State Higher Education Institution!

We are very pleased to welcome you to Lithuania and look forward to meeting you in Panevėžys. We hope that your Erasmus+ experience will be interesting, successful and enjoyable.

Before your arrival, please take a few minutes to read the information below and make sure that you have completed all the necessary preparations.

1. Your mobility period

Please check that the dates of your Erasmus+ mobility correspond to the dates indicated in your Erasmus+ documents.

If there are any changes to your planned arrival or departure dates, please inform us as soon as possible.

2. Travel to Panevėžys

Panevėžys does not have its own international airport. Most international students arrive in Lithuania through **Vilnius Airport (VNO)** or **Kaunas Airport (KUN)**.

Please inform us in advance about your **planned arrival date and approximate arrival time**, especially if you are staying in a student dormitory.

If you need assistance or advice regarding your journey to Panevėžys, please contact us before travelling.

From Vilnius Airport to Panevėžys

If you arrive at Vilnius Airport, the easiest option is usually to travel to Vilnius Bus Station and take an intercity bus from Vilnius to Panevėžys.

You can first travel from Vilnius Airport to Vilnius Bus Station by city bus or taxi. From Vilnius Bus Station, there are regular buses to Panevėžys.

When buying your ticket, choose:

From: Vilnius Bus Station

To: Panevėžys Bus Station

The journey from Vilnius to Panevėžys usually takes approximately 2–2.5 hours, depending on the bus and route.

You can check current schedules and purchase tickets online through the Lithuanian intercity bus ticket system:

<https://www.autobusubilietai.lt/en>

From Kaunas Airport to Panevėžys

If you arrive at **Kaunas Airport**, you can first travel from the airport to Kaunas Bus Station. Kaunas Airport is connected with Kaunas city by public transport, including bus services.

From Kaunas Bus Station, you can take an intercity bus to Panevėžys.

When buying your ticket, choose:

From: Kaunas Bus Station

To: Panevėžys Bus Station

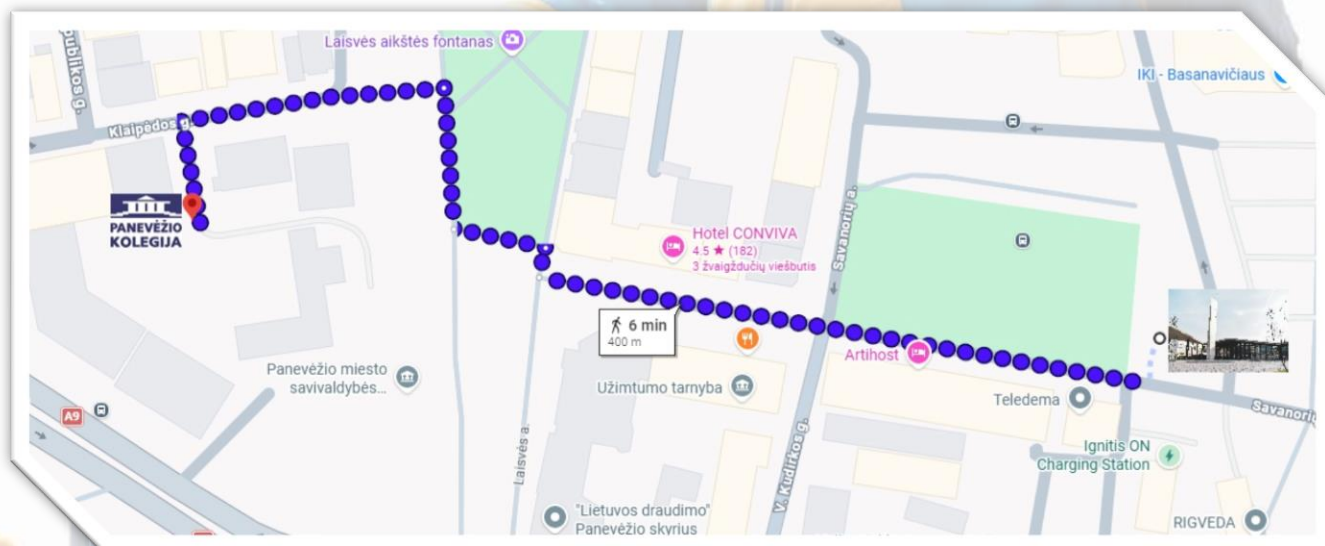
Please check the current timetable before travelling, as departure times may change.

Panevėžys Bus Station and the Panevėžio kolegija/State Higher Education Institution

The good news is that Panevėžys is a relatively compact city, and our Panevėžio kolegija/State Higher Education Institution is located very close to the city centre and the bus station.

The current **Panevėžys Bus Station** is located at Savanorių a. 9-1, Panevėžys.

Panevėžys Panevėžio kolegija/State Higher Education Institution is located at Laisvės a. 23, Panevėžys.



The Panevėžio kolegija/State Higher Education Institution is just a short 6 min walk from the bus station, so you do not need to take another bus or taxi to reach the place after arriving in Panevėžys.

This is particularly convenient if you are travelling with luggage.

The Panevėžio kolegija/State Higher Education Institution is located in the central part of Panevėžys, near Laisvės Square (Laisvės aikštė).

You can use Google Maps to find the walking route from the bus station to the Panevėžio kolegija/State Higher Education Institution.

You can find the Erasmus+ Coordinators on the 3rd floor, in Room 131.

4. If you arrive late

If your bus arrives late in the evening or you arrive outside the normal working hours, please inform us in advance.

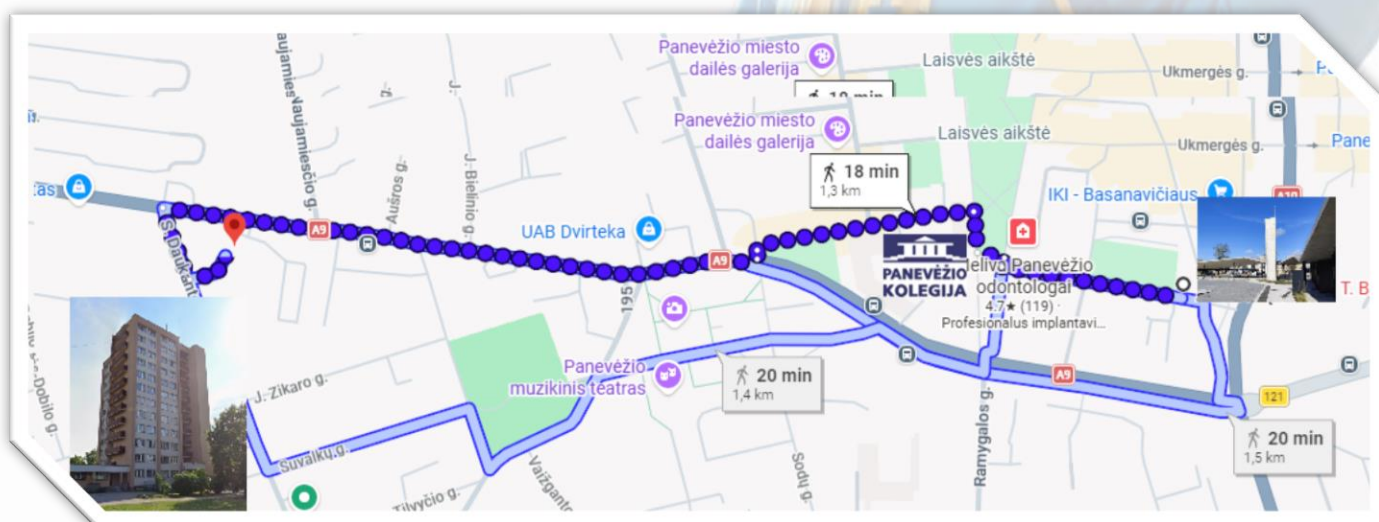
This is especially important if you are staying in a student dormitory, as you may need to arrange the check-in time in advance.

Please send us:

- ✓ **your arrival date;**
- ✓ **approximate arrival time;**
- ✓ **whether you arrive at Panevėžys Bus Station;**
- ✓ **whether you need assistance with accommodation check-in.**

We will then advise you on what to do.

The address of the dormitory is **Klaipėdos g. 31**



DORMITORY

Vidas Paškauskas
Dormitory Administrator
+370 607 96155
vidas.paskauskas@panko.lt
Klaipėdos st. 31, Panevėžys

Dormitory guards
+370 45 439704; +370 664 63443
Klaipėdos st. 31, Panevėžys

5. Accommodation

If you have applied for accommodation in a student dormitory, please make sure that you have received confirmation of your accommodation.

Before your arrival, please check:

- ✓ the dormitory address;

- ✓ check-in procedure;
- ✓ check-in date and time;
- ✓ accommodation fee;
- ✓ what is provided in the room;
- ✓ whether you need to bring your own bed linen, towels or other items.

If you have not yet arranged accommodation, please contact us as soon as possible.

Student Dormitory – Accommodation Prices. The following accommodation rates apply to students from foreign higher education institutions and Erasmus+ students arriving for study or traineeship mobility.

Room type	Occupancy	Price per student / month
Triple room	3 students sharing the room	€100
Triple room	2 students sharing the room	€130
Triple room	1 student occupying the room	€200
Double room	2 students sharing the room	€120
Double room	1 student occupying the room	€180

Accommodation payment

Accommodation is paid one month in advance. Students are kindly asked to pay the accommodation fee before arriving in Panevėžys, for the first month of their stay.

Payments should be made to:

Institution: **Panevėžio Kolegija**

Company code: **111968437**

Address: **Laisvės a. 23, LT-35200 Panevėžys, Lithuania**

Bank: **Swedbank AB**

Bank code: **7300**

IBAN: **LT137300010074172424**

Payment purpose: **Student dormitory accommodation**

Payer: Please indicate the **student's full name and personal identification number**.

If the payment is made by another person on behalf of the student, the payment reference must include the student's full name and personal identification number.

Please make sure that the first month's accommodation fee is paid before your arrival.

After making the payment, we recommend keeping the bank payment confirmation and having it available when you arrive.

Upon arrival, you must bring a valid identity document and two passport-size photographs. You must also have familiarized yourself with the documents regulating life in the dormitory.

6. Documents to bring with you

Please bring the following documents, preferably both in original and electronic form:

- ✓ Passport or ID card;
- ✓ Erasmus+ Learning Agreement / Online Learning Agreement;
- ✓ Acceptance Letter;
- ✓ Erasmus+ Grant Agreement, if applicable;
- ✓ visa / residence permit, if applicable;
- ✓ health insurance / EHIC or other valid insurance document;
- ✓ other documents related to your Erasmus+ mobility.

Students from countries requiring a visa or other immigration documentation should make sure that their documents are valid for the entire period of their stay and comply with the requirements applicable to their individual situation.

7. Your studies at Panevėžys Kolegija

Before your arrival, please make sure that your **Learning Agreement** has been completed and approved by the relevant coordinators.

After arrival, you will receive information about:

- ✓ your faculty and study programme;
- ✓ timetable;
- ✓ classrooms;
- ✓ Moodle and other electronic systems;
- ✓ student e-mail;
- ✓ library and other student services;
- ✓ examinations and assessment procedures.

If you need to make changes to your Learning Agreement after arrival, please discuss them with your faculty coordinator and Erasmus+ coordinator before making any changes.

ACADEMIC CALENDAR 2026 / 2027 ACADEMIC YEAR

	Start	End
AUTUMN SEMESTER	2026-09-01	2027-01-31
Academic Year Opening Ceremony	2026-09-01	
Orientation Day for First-Year Students	2026-09-01	
Lectures for 2nd–4th Year Students	2026-09-02	
Christmas Holidays	2026-12-21	2027-01-03
Winter Examination Session*	2027-01-04	2027-01-24
Retake Assessments (Academic Debts)	2027-01-25	2027-01-31
SPRING SEMESTER	2027-02-01	2027-08-31
Spring Examination Session*	2027-05-31	2027-06-20
Retake Assessments (Academic Debts)	2027-06-21	2027-06-30
Summer Holidays	2027-07-01	2027-08-31

* Examination session dates may vary depending on the study programme.

LECTURE TIMES

Lecture	Time
1st lecture	08:00–09:30
2nd lecture	09:40–11:10
3rd lecture	11:20–12:50
Lunch break	12:50–13:30
4th lecture	13:30–15:00
5th lecture	15:10–16:40

Lecture	Time
6th lecture	17:10–18:40
7th lecture	18:50–20:20

Need IT assistance?

Visit the **Information Technology Centre**:
Klaipėdos g. 3 (Building V, Room 418)
itc@panko.lt | +370 45 46 03 28

Lecture Timetables

The timetables provide information about the scheduling of lectures, practical training and examinations throughout the week.

IT SERVICES: HOW TO LOG IN?

- **Panevėžio kolegija/State Higher Education Institution email (firstname.lastname@panko.lt):** Your account will be created in September. Login details will be sent to your personal email address. All information will be sent only to this email address, so using your **@panko.lt** mailbox is mandatory.
- **AKADIS (akadis.panko.lt):** Here you will be able to view your grades and timetables and order official certificates. The link will be sent to your new **panko.lt** email address.
- **Virtual Learning Environment (VLE) (vma.panko.lt):** Registration is available only using your new email address. Lecturers will provide the registration keys for individual courses during the first lectures.
- **“Eduroam” wireless internet:** Free Wi-Fi is available in all institution buildings and the dormitory. To connect, use your **firstname.lastname@panko.lt** email address and your AKADIS password.
- **Library e-services (eLABa, Primo):** Log in via elaba.lt. Username: **firstname.lastname**; password: your **AKADIS** password.

FACULTIES AND STUDY PROGRAMMES

Faculty of Biomedical Sciences (BMF)

Address: Klaipėdos g. 29 (Building VII)

Phone: +370 665 12 343

Email: biomedicinos.fakultetas@panko.lt

Dean: Ingrida Kupčiūnaitė

Email: ingrida.kupciunaite@panko.lt

Head of Practical Training: Vitalija Rakauskienė

Email: vitalija.rakauskiene@panko.lt

Phone: +370 45 586737

Study programmes:

- General Practice Nursing (BPS-26)
- Dental Hygiene (BH-26)
- Dental Care (ODP-26)
- Physiotherapy (KTP-26)
- Social Work (SD-26, SDi-26)
- Emergency Medical Care (SMP-26)

Faculty of Technology Sciences (TMF)

Address: Klaipėdos g. 3 (Building IV)

Phone: +370 45 58 00 60

Dean: Dr. Arūnas Tautkus

Email: arunas.tautkus@panko.lt

Study Administrator: Rimantė Sarapaitė

Email: rimante.sarapaitė@panko.lt

Phone: +370 645 13688

Head of Practical Training: Kristina Jatužytė

Email: kristina.jatuzyte@panko.lt

Phone: +370 620 58302

Study programmes:

- Electrical and Automation Equipment (EAns-26)
- Electromechanics (EMns-26)
- Information Systems Development and Maintenance (ISKP-26, ISKPns-26)
- Electronics Engineering and Robotics (EIR-26)
- Civil Engineering (SI-26, Sli-26)

Faculty of Social Sciences (SMF)

Address: Laisvės a. 23 (Building I)

Phone: +370 45 46 68 11

Dean: Dr. Rasa Glinskienė

Email: rasa.glinskiene@panko.lt

Study Administrator: Agnė Šimkevičienė

Email: agne.simkeviciene@panko.lt

Phone: +370 45 46 17 77

Head of Practical Training: Sandra Šniokaitė-Šilaikienė

Email: sandra.silaikiene@panko.lt

Phone: +370 618 75017

Head of Practical Training (for IPU groups): Raisa Savičiūnenė

Email: raisa.saviciuniene@panko.lt

Phone: +370 682 21645

Study programmes:

- Accounting (BA-26, BAin-26)
- Logistics (L-26, Lns-26)
- Business Management (VVns-26)
- Pre-Primary and Primary Education (IPU-26, IPUi-26)



HOW NOT TO GET LOST AROUND THE PANEVŽIO KOLEGIJA/STATE HIGHER EDUCATION INSTITUTION?

The campus consists of 7 buildings. The main building is located at Laisvės a. 23.



Classroom Numbering System

There is a three-digit numbering system that makes it easy to find the required classroom:

- 1st digit = Building number
- 2nd digit = Floor
- 3rd digit = Classroom number on that floor

Example: If the timetable lists classroom 126, this means: Building 1, 2nd floor, classroom 126.

LIBRARY SERVICES

There are two libraries where you can not only borrow books, but also use computers, print and copy study materials free of charge.

Central Library: Laisvės a. 23 (Building I, 2nd floor)

Opening hours: Monday–Thursday 8:00–18:00, Friday 8:00–16:00 (no lunch break)

BMF Library: Klaipėdos g. 29 (Building VII, 4th floor)

Opening hours: Tuesday and Thursday 9:00–17:00, Wednesday 8:00–17:00

Lunch break: 13:00–13:30 / 12:00–12:45

Closed: Monday and Friday

Email: biblioteka@panko.lt

Phone: +370 45 46 68 47

Website: <https://panko.lt/biblioteka/>

8. Welcome / Orientation Meeting

We will organise a welcome meeting for incoming Erasmus+ students.

During the meeting, we will introduce you to:

- ✓ Panevėžio kolegija/State Higher Education Institution;
- ✓ your faculty and coordinators;
- ✓ study procedures;
- ✓ student services;
- ✓ IT systems;
- ✓ library;
- ✓ accommodation-related information;
- ✓ important practical information about living and studying in Lithuania.

You will receive the exact date, time and location of the meeting separately.

9. Who can you contact?

If you have questions before or during your Erasmus+ mobility, please do not hesitate to contact us.

INTERNATIONAL RELATIONS, MARKETING AND PROJECTS DEPARTMENT

Beata Jakštaitė

Coordinator of International Relations at the International Relations, Marketing and Projects Department

+370 615 21556

beata.jakstaite@panko.lt

Laisvės sq. 23, Panevėžys

Asta Grubinskienė

Coordinator of International Relations at the International Relations, Marketing and Projects Department

+370 609 75114

asta.grubinskiene@panko.lt

Laisvės sq. 23, Panevėžys

We encourage you to contact us **before your arrival rather than waiting until you arrive**, especially if you have questions about accommodation, documents, studies or your travel arrangements.

10. What to do before travelling

Please make sure that you have:

- ✓ confirmed your Erasmus+ mobility dates;
- ✓ arranged your travel to Panevėžys;
- ✓ arranged accommodation;
- ✓ checked your visa / residence permit requirements, if applicable;
- ✓ obtained valid health insurance;
- ✓ completed and signed your Learning Agreement;
- ✓ informed us about your expected arrival date and time;
- ✓ saved the contact details of your Erasmus+ coordinator;
- ✓ prepared all important documents.

11. A few practical things to know about Lithuania

Lithuania uses the **euro (€)** as its currency. Most shops, supermarkets, cafés and restaurants accept bank cards, and contactless payments are widely available. However, it is always useful to have a small amount of cash with you, especially when travelling or visiting smaller places.

Opening hours: Most supermarkets and shops are open every day, including weekends. Larger supermarkets are usually open from early morning until late evening 8:00 -22:00. Smaller shops and some services may have shorter opening hours on Sundays.

Public transport: Panevėžys has a convenient local public transport system. Buses are the main form of public transport within the city. Since Panevėžys is a relatively compact city, many places can also be reached easily on foot or by bicycle.

Walking and cycling: The city centre is easily accessible on foot. We are located right in the city centre, just a 6-minute walk from the bus station, so you will usually not need additional transport to reach institution after arriving in Panevėžys.

Food: There are supermarkets, cafés, restaurants and takeaway places throughout the city. You will find both Lithuanian and international food options. Vegetarian and other dietary options are also available in many places. Check the link <https://lithuania.travel/en/what-to-do/food-and-drink>

Weather: Lithuania has four distinct seasons. September can still be relatively warm, but temperatures gradually become colder during October and November. **December and January can be cold, with temperatures sometimes below -20°C and very possible snow.** If you are staying until January, we recommend bringing warm and waterproof clothing, a winter jacket, warm shoes, gloves, a hat and a scarf.

Time zone: Lithuania is in the **Eastern European Time (EET/EEST)** time zone. During the summer, Lithuania uses Eastern European Summer Time (UTC+3), and during the winter, Eastern European Time (UTC+2).

Language: The official language is **Lithuanian**. English is widely spoken among younger people and in higher education, hotels, restaurants and many services. However, learning a few basic Lithuanian words can be useful and is a great way to connect with local people.

A few useful Lithuanian words

English	Lithuanian	Approximate pronunciation
Hello	Labas	LAH-bahs
Thank you	Ačiū	ah-CHOO
Please / You're welcome	Prašau	prah-SHOW
Yes	Taip	TIEP
No	Ne	NEH
Goodbye	Viso gero	VEE-soh GEH-roh
Good morning	Labas rytas	LAH-bahs REE-tahs
Good evening	Labas vakaras	LAH-bahs VAH-kah-rahhs
Excuse me / Sorry	Atsiprašau	ah-tsih-prah-SHOW
Please help me	Prašau padėti	prah-SHOW pah-DEH-tee
I don't understand	Nesuprantu	neh-soo-PRAHN-too
Do you speak English?	Ar kalbate angliškai?	ahr kahl-BAH-teh ahng-lee-SH-kai?

Safety: Lithuania and Panevėžys are generally safe places for students. Nevertheless, we recommend taking normal precautions: keep your personal belongings and documents safe, do not leave valuables unattended, and be particularly careful in crowded places and when travelling.

Emergency number: In case of an emergency requiring police, medical assistance or the fire service, call **112**. The number is free of charge and works throughout Lithuania.

Healthcare: If you need medical assistance during your stay, please contact your health insurance provider and/or the appropriate healthcare institution. Students should always carry their health insurance documents or European Health Insurance Card (EHIC), if applicable.

Cost of living: Compared with many larger European cities, Panevėžys can be relatively affordable for students. Your main expenses will normally include accommodation, food, local transport and personal expenses. Prices may vary depending on your lifestyle and accommodation arrangements.

Student life: Panevėžys offers a quieter environment than Lithuania's largest cities, but there are cafés, restaurants, cultural events, sports facilities, parks and other places where students can spend their free time. The city centre and main attractions are easily accessible.

Useful tip: We recommend downloading **Google Maps** or another navigation app before your arrival. It can be useful for finding bus routes, walking directions, supermarkets, pharmacies, cafés and other services.

Finally – welcome!

We are very happy to have you join our Erasmus+ community at Panevėžio kolegija/State Higher Education Institution.

We hope that your time in Panevėžys will be not only a valuable academic experience but also an opportunity to discover Lithuania, meet new people and experience our culture.

If you have any questions before your arrival, please feel free to contact us. We are here to help you prepare for your Erasmus+ mobility and make your arrival as smooth as possible.

Kind regards,

Asta Grubinskienė

Institutional Erasmus+ Coordinator

Panevėžio kolegija/State Higher Education Institution

