



PANEVĖŽIO
KOLEGIJA



ERASMUS+

International Relations
Coordinator

Beata Jakštaitė





**Want to experience new countries and
cultures?**

**Want to get out of your comfort zone?
Or maybe make friends from all over the
world?**

**THE WORLD BEGINS WITH
ERASMUS+**



“Erasmus+” is a European Union support program designed to provide opportunities for learning, development, and international experience to people of all ages, statuses, and professions.



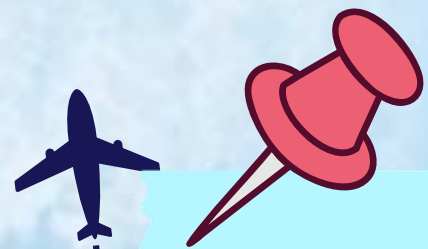


SELECTION

WHO CAN PARTICIPATE IN THE SELECTION?



1. All students who have completed at least one study year and are planning to **STUDY** in **2026/2027** spring semester abroad.
2. All students who have completed at least one semester are invited to participate in **PRACTICES**.
3. **GRADUATE PRACTICE** Students of the final year are invited to participate.



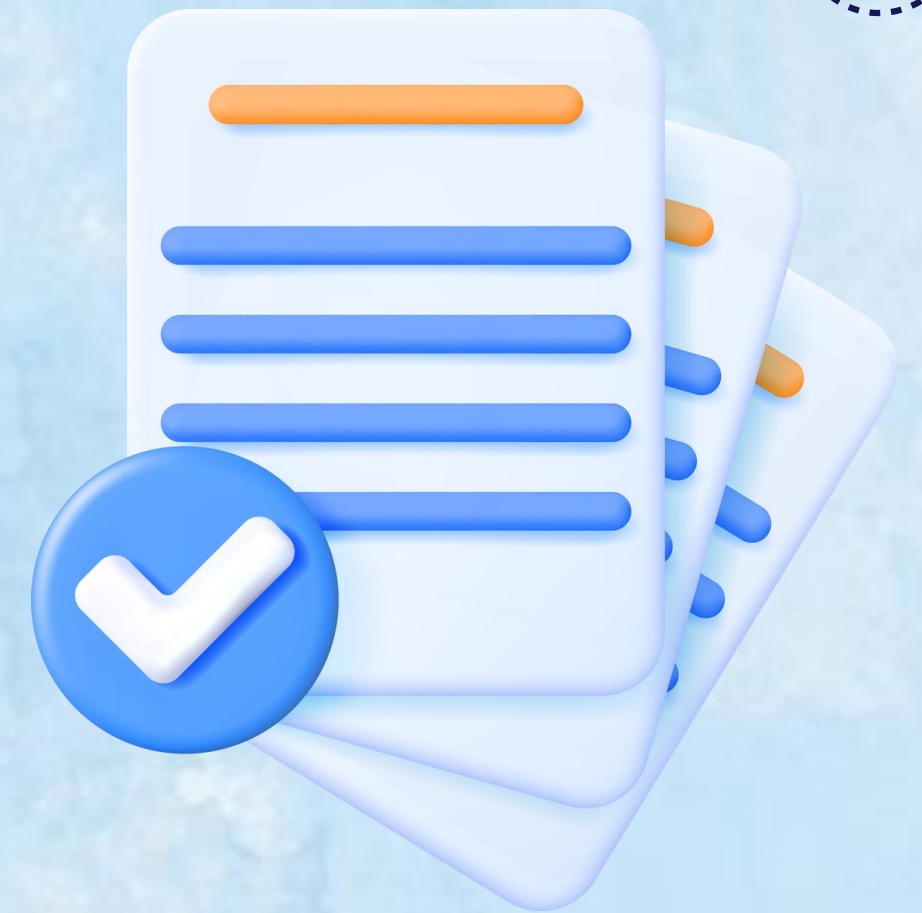
***The selection is open until
October 16, 2026.***



SELECTION

STUDENTS MUST SUBMIT THE FOLLOWING DOCUMENTS:

1. Application;
2. CV in English;
3. Motivational letter in English.



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SELECTION

HOW ARE STUDENTS SELECTED?



- Students wishing to go abroad under the ERASMUS+ programme must not have any academic debts;
- The academic average grade for the previous semester must be higher than 7.5.



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SELECTION

FOR WHAT PERIOD OF TIME CAN YOU
LEAVE?



- For **STUDIES**, students usually go abroad for a full semester
- For **PRACTISE** the duration depends on the student's study plan and usually lasts **2 months**.



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SHORT-TERM MOBILITIES



Let's

Travel



- BIP - Blended Intensive Programme;
- Short-term mobility;
(Required in-person and online components)



● ● ● SHORT-TERM MOBILITIES



Let's

Travel



Students and graduates participating in short-term physical mobility activities receive EUR 79 per day up to the 14th day of the activity and EUR 56 per day during the 15th to 30th day of the activity.



ERASMUS+ SCHOLARSHIPS

	Host country	For Study	For Practice
Group 1 Program countries with the highest cost of living	Ireland, Austria, Belgium, Denmark, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, France, Finland, Sweden, Germany.	674 €/month	824 €/month
Group 2 Program countries with an average cost of living	Czech Republic, Estonia, Greece, Spain, Latvia, Cyprus, Malta, Portugal, Slovakia, Slovenia.	674 €/month	824 €/month
Group 3 Program countries with the lowest cost of living	Bulgaria, Croatia, Lithuania, Poland, Romania, North Macedonia, Serbia, Turkey, Hungary	606 €/month	756 €/month



GROUPS OF STUDENTS WITH FEWER OPPORTUNITIES

- 1.1 Students from low-income families (up to 24 years of age);**
- 1.2 Orphans or students who have lost parental care (up to 24 years of age);**
- 1.3 Students with a minor child or children under 12 years of age;**
- 1.4 Students from large families with 3 or more children (up to 24 years of age);**
- 1.5 Students with a physical or psychological disability;**
- 1.6 Students who have been working in Lithuania for more than 1 year;**
- 1.7 Students who are professional athletes.**



ADDITIONAL SUPPORT

In the case of long-term mobility – 250 EUR per month;

In the case of short-term mobility – 100.00 EUR (when the duration is 5-14 days); 150.00 EUR (when the duration is 15-30 days).

+

One-time Erasmus mobility promotion scholarship 150 Eur is paid from the Panevėžio Kolegija/State Higher Education Institution budget.



TRAVEL EXPENSES

Students and recent graduates who choose an eco-friendly travel (carpooling/train/bus) receive an additional amount towards travel expenses (providing documents are required).





Travel distance	Ecological travel. Amount	Non-ecological travel. Amount
10 - 99 km	56 EUR	28 EUR
100 - 499 km	285 EUR	211 EUR
500 - 1 999 km	417 EUR	309 EUR
2 000–2 999 km	535 EUR	395 EUR
3 000–3 999 km	785 EUR	580 EUR
4 000–7 999 km	1 188 EUR	1 188 EUR
8 000 km ir daugiau	1 735 EUR	1 735 EUR

HOW TO CALCULATE DISTANCE?



**The distance is calculated
using the km calculator**





**Higher education institutions
must have a cooperation
agreement in place for studies.**



**Students can search for an
internship place by themselves!!!**

ACTIONS BEFORE MOBILITY

EU health insurance card

Insurance policy. The insurance must include sections: health, accident, and civil liability insurance

Take an English test





ACTIONS AFTER MOBILITY



You will need to create a 30-90 second video



You will be required to complete a short survey about your mobility experience.



Bring a certificate with the signature of the responsible person



You will bring the learning agreement after mobility/Transcript of records



MY EXPERIENCES



Poland, Konin
Short-term mobility (BIP)

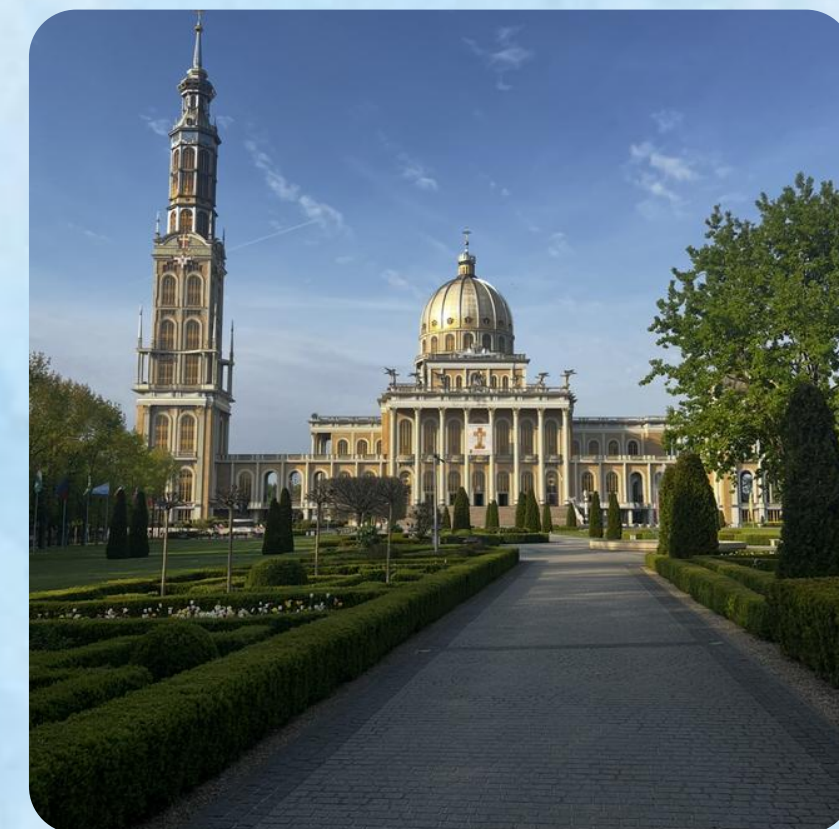
Connections



Lectures



Trips



MY EXPERIENCES

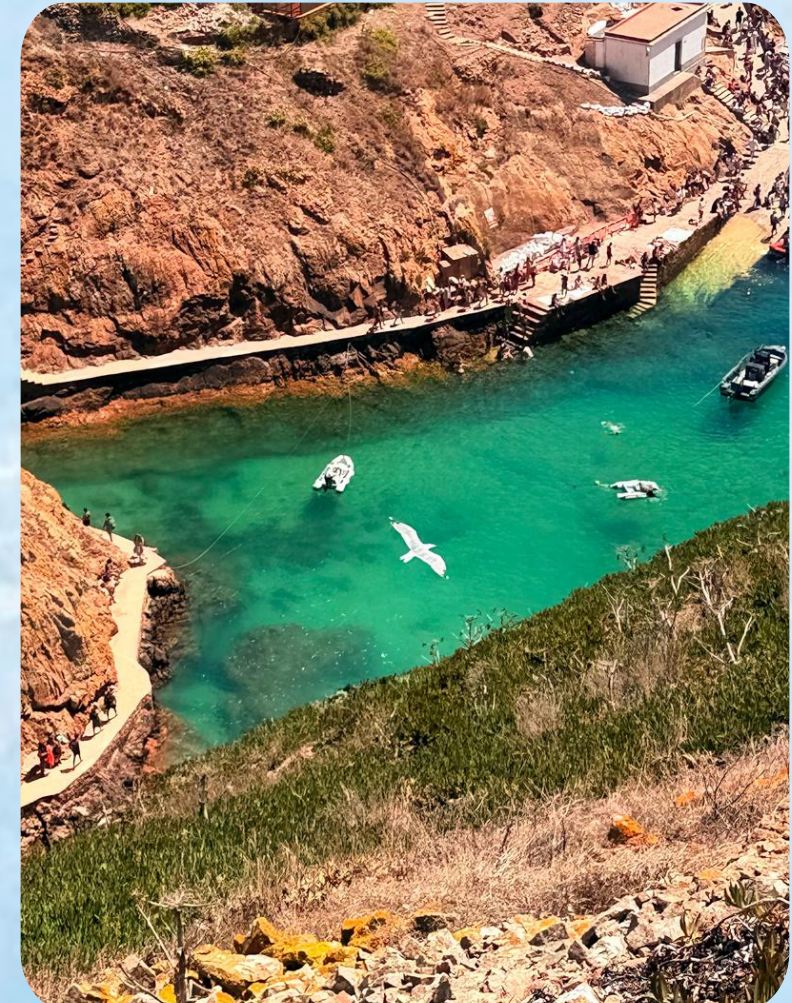
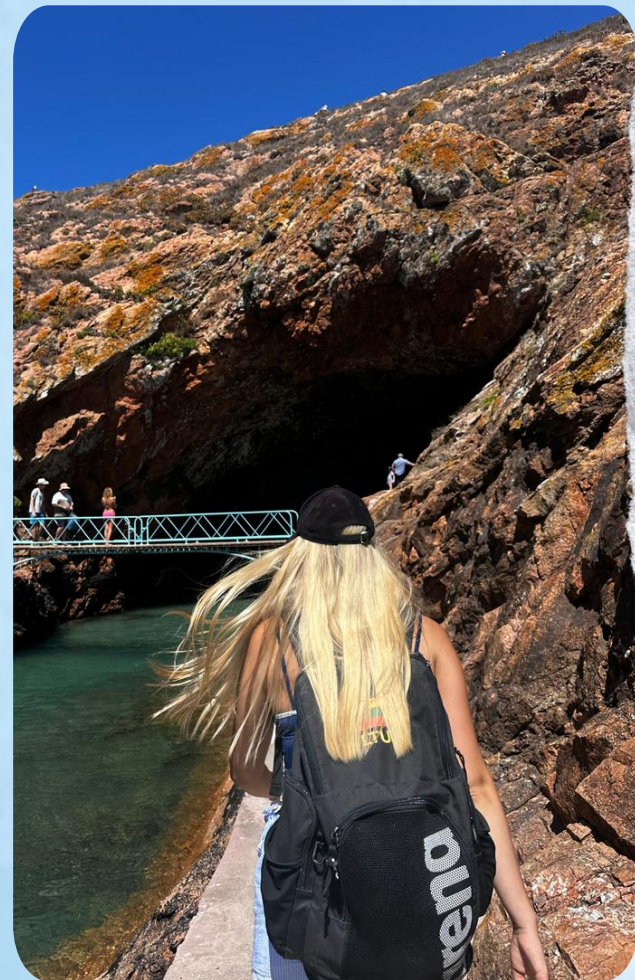
 **Portugal, Leiria**
**Long-term mobility
(practise)**



MY EXPERIENCES



Portugal, Leiria
**Long-term mobility
(practise)**





Erasmus+

**We are waiting for
you in room 131 !!!**

